



## **Kansas City High School**

You and your friends spend a lot of time in the sun. Use of tanning salons is also very popular, especially before the prom.

In health class, you learned the dangers of UVA and UVB exposure. The teacher also demonstrated safety strategies but few teens practice them.

Your challenge is to motivate your peers to protect themselves from the UVB and UVA radiation.

1. Write one public service announcement for each safety strategy (6 total). (PI 1.12.5)
  - Seek shade
  - Cover up
  - Wear a hat
  - Wear sunglasses
  - Apply sunscreen
  - Do not use indoor tanning devices
  
2. To influence and support others to make positive health choices about using safety strategies (PI 8.12.2)
  - Broadcast one PSA about a UVA and UVB safety strategy.
  - Display one PSA poster about UVA and UVB safety.
  - Produce and distribute 6 buttons that influence and support others to make a positive health choice about UVA and UVB safety.